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Australian Trachoma Surveillance Report update: 2014–2022

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Australian Trachoma Surveillance Report update: 2014–2022

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Abstract

Australia is the only high-income country where trachoma has been endemic, defined as an overall trachoma prevalence in Aboriginal and Torres Strait Islander children aged 5–9 years of 5% or more. The Australian Government funds the National Trachoma Surveillance and Reporting Unit to collate and analyse trachoma prevalence data and control strategies annually. This report presents data submitted from 2014 to 2022. In 2022, there were 87 remote communities considered at-risk of endemic trachoma, a decline of 51% since 2014 when 177 communities were considered at-risk. World Health Organization grading criteria are used to diagnose trachoma in at-risk populations. Overall prevalence, which includes estimates from all communities ever considered at-risk, fell below 5% endemicity thresholds for the first time in 2022 in Western Australia (2.9%), the Northern Territory (2.1%), New South Wales (0.5%), and in Queensland and South Australia (0.0% each). New cases of trachomatous trichiasis—a severe consequence of trachoma that causes blindness—were detected in eight out of 10,806 persons, aged 15 years and over, screened in 2022. Jurisdictional trichiasis prevalence was 0.2% in Western Australia, 0.1% in South Australia and 0.0% in the Northern Territory. Australia must maintain overall trachoma and trichiasis prevalence below endemicity levels for a further two years before applying for World Health Organization validation of elimination of trachoma as a public health problem.

Keywords: trachoma; SAFE control strategy; surveillance; elimination

Introduction

Trachoma is the leading cause of preventable infectious blindness globally.¹ Infection with the bacterium *Chlamydia trachomatis*, namely serotypes A–C, is characterised by the presence of multiple follicles or white spots (trachomatous inflammation – follicular) and/or by inflammatory thickening of the upper tarsal conjunctiva or upper inner eyelid (trachomatous inflammation – intense).^{2–4} Repeated episodes of infection can lead to scarring and distortion of the eyelid, causing the upper eyelashes to turn inward (trachomatous trichiasis), eventually damaging the cornea and resulting in vision loss and blindness.^{5,6}

Trachoma is a disease of poverty and is linked to poor living conditions, including overcrowding and inadequate water and sanitation facilities to prevent *C. trachomatis* transmission.^{7,8} Transmission occurs person-to-person via infected hands, eyes and fomites (e.g. clothing and bedding), and by eye-seeking flies.⁹ Children under ten years of age generally have the highest prevalence of trachoma and are believed to be the main reservoirs of infection.¹⁰ Trachoma in Australia has primarily been found in remote Aboriginal communities in the Northern Territory, South Australia and Western Australia.¹¹

In 2008, trachoma was also detected in New South Wales and Queensland communities where it was previously thought to have been eliminated as a public health problem.¹² Cases of trachomatous trichiasis (hereafter trichiasis) have been recorded in all states and territories.^{11,12}

Australia is a part of the World Health Organization (WHO) Alliance for the Global Elimination of Trachoma initiative, which has set a new global target for the elimination of trachoma as a public health problem by 2030.¹³ To meet elimination thresholds, Australia is required to maintain for a period of at least two years in each formerly endemic jurisdiction (state/territory) a prevalence of trachoma, defined as the prevalence of trachomatous inflammation – follicular, of less than 5% in children.¹⁴ Australia is also required to demonstrate a prevalence of trichiasis ‘unknown to the health system’ (i.e. new cases) of less than 0.2% in persons aged 15 years or older, as well as evidence of the health system’s ability to manage incident trichiasis cases.¹⁵

Australia initiated the National Trachoma Management Program in 2006 and has adopted the WHO’s package of interventions for trachoma control known as the SAFE strategy,¹⁶ comprising: surgery to correct trichiasis; antibiotic treatment for *C. trachomatis* to reduce the reservoir of infection; facial cleanliness and environmental improvements to reduce chlamydia transmission.^{17–20} States and territories with areas historically at risk of trachoma receive funding from the Australian Government to deliver control programs. Programs must be conducted in accordance with the WHO SAFE strategy and the Communicable Diseases Network Australia (CDNA) national guidelines for the public health management of trachoma in Australia.²¹

The Australian Government funds the National Trachoma Surveillance and Reporting Unit (NTSRU) to provide a national mechanism for monitoring and evaluating trachoma control. The NTSRU is responsible for data collection, analysis and annual reporting of surveillance and clinical management activities. This paper presents data submitted by state/territory health departments and other parties involved in trachoma control activities across the period 2014 to 2022. Due to an update to the CDNA guidelines in 2014 regarding trachoma screening intervals (details in methods), this report presents trachoma surveillance data only for the period 2014–2022 to ensure comparability in data collection methods over time.

Ethics statement

The collection, analysis, and reporting of Australia’s jurisdictional trachoma surveillance data is approved by the University of New South Wales (UNSW) Sydney Human Research Ethics Committee (Committee B), number: HC200882.

Methods

Trachoma screening coverage

A community is defined as a specific geographic location where people reside and there is at least one school. Communities are classified by jurisdictional health departments as ‘at risk’ of trachoma if, at least once within the past five years, prevalence of trachomatous inflammation – follicular and/or trachomatous inflammation – intense is 5% or more in children aged 5–9 years screened.²¹ An update to the CDNA guidelines published in 2014 provided the option of not screening all at-risk communities every year, allowing jurisdictions the opportunity to concentrate efforts on control activities in high prevalence communities, or alternatively to make more efficient use of resources in communities with low levels of trachoma that would otherwise benefit little from annual screening.

Whilst WHO guidance for trachoma control focuses on children aged 1–9 years,²² the target group for surveillance activities in Australia since 2006 has been children aged 5–9 years.²¹ This narrower age group was chosen because of ready accessibility through schools and greater feasibility of eye examination. Previous research has demonstrated that trachoma prevalence in 1–4 year-olds in Australia is no higher than in those aged 5–9 years.²³ Children aged 0–4 years or 10–14 years, however, may be examined opportunistically during regular screening activities.

Screening coverage is defined as the proportion of resident children aged 5–9 years who were screened. Estimated resident populations in each community are derived by health programs using Australian Bureau of Statistics census data, enrolment lists from schools and health clinics, supplemented by local advice on movement into and out of communities. CDNA guidelines set a screening coverage target at a minimum of 85% of resident children aged 5–9 years.²¹

Trachoma prevalence

In the Northern Territory, South Australia, and Western Australia, diagnosis of active trachoma is by visual inspection by trained personnel, and defined as the presence of five or more follicles ≥ 0.5 mm in diameter (trachomatous inflammation – follicular) and/or inflammatory thickening of the upper tarsal conjunctiva obscuring more than half of the normal deep vessels (trachomatous inflammation – intense) in accordance with WHO simplified grading criteria.⁴ In Queensland, screening for trachoma includes a detailed ophthalmological examination as well as polymerase chain reaction (PCR) testing of eye swabs for *C. trachomatis*.

Two prevalence figures are presented in this report. *Observed* prevalence is calculated using only the data from at-risk communities requiring and receiving screening during the relevant calendar year. Additionally, *overall* prevalence is calculated by combining observed prevalence from at-risk communities screened during the calendar year, estimated prevalence from communities that were not screened that year but still considered at-risk, and the most recent observed prevalence rates carried forward from formerly at-risk communities now judged by jurisdictions to have eliminated trachoma. Over time, some smaller communities have been amalgamated into larger units for reporting purposes by some jurisdictions to protect confidentiality. In calculations of overall prevalence, community-specific data for these communities are used (or carried forward) until the year of amalgamation.

Facial cleanliness

During screening, children are also examined for clean faces, as ocular and nasal secretions have been linked to *C. trachomatis* transmission and auto-reinfection.¹⁶ Facial cleanliness is defined as the absence of nasal and ocular discharge, and no dirt, dust and crusting on cheeks and forehead. CDNA guidelines also set a target of at least 85% of children in a community at any one time to have a clean face.²¹

Treatment distribution and coverage

Trachoma is usually treated by a single dose of the antibiotic azithromycin. In Australia, alongside treatment of active cases and household contacts, community-wide treatment is recommended in endemic communities where there is no obvious case clustering. Community-wide treatment strategies vary between jurisdictions, with the Northern Territory typically offering treatment to all persons > 3 kg living in households with children under 15 years, whilst South Australia and Western Australia supply treatment to all children aged six months to 14 years.

Trachoma-related trichiasis

Trachomatous trichiasis is defined as where at least one eyelash from the upper eyelid touches the eyeball, or where there is evidence of recent removal of in-turned eyelashes from the upper eyelid.⁴ In November 2018, the fourth global scientific meeting on trachoma amended the definition of trachomatous trichiasis to exclude trichiasis affecting only the lower eyelid, due to the potential for misclassification.²⁴ As such, trichiasis data is not compared over time in this report. Trichiasis screening methods also vary by jurisdiction, and include visiting regional optometrist service assessments, screening undertaken during annual influenza vaccination programs, and opportunistic screening during the annual health assessment for Aboriginal and Torres Strait Islander people (also called the 715 health check) where available.

Results

Trachoma screening coverage

The total number of communities at-risk of trachoma nationally declined 51% from 177 communities in 2014 to 87 in 2022 (Figure 1). The number of communities at risk of trachoma has fallen in all states and territories during this period, with the largest proportional decline seen in Western Australia at 54% (68 at-risk communities in 2014 to 31 in 2022). In 2022, only the Northern Territory, South Australia and Western Australia continued to identify communities at-risk of trachoma. No communities have been identified as at-risk in New South Wales since 2015; whilst for the first time since 2016 no communities were considered at-risk of trachoma in Queensland in 2022. Of the 87 communities considered at-risk of trachoma in 2022, 79 (91%) were determined to require and received screening, whilst eight (9%) did not require screening.

Trachoma prevalence

In 2014, there were 125 at-risk communities in four jurisdictions (New South Wales, the Northern Territory, South Australia and Western Australia) screened for trachoma (Table 1). By 2022, there were 79 at-risk communities in three jurisdictions (the Northern Territory, South Australia and Western Australia) that were screened for trachoma, a decrease of 37%. Additionally, the number of children screened declined by 65% between 2014 and 2022.

There were 158 cases of active trachoma (trachomatous inflammation – follicular and/or intense) reported in children aged 5–9 years in 2014. In 2022, cases of active trachoma declined by 45% to 87 cases detected. Trachoma cases in 2022 were reported either in the Northern Territory or Western Australia.

Figure 1: Number of communities designated at-risk for trachoma by jurisdiction, Australia, 2014 – 2022

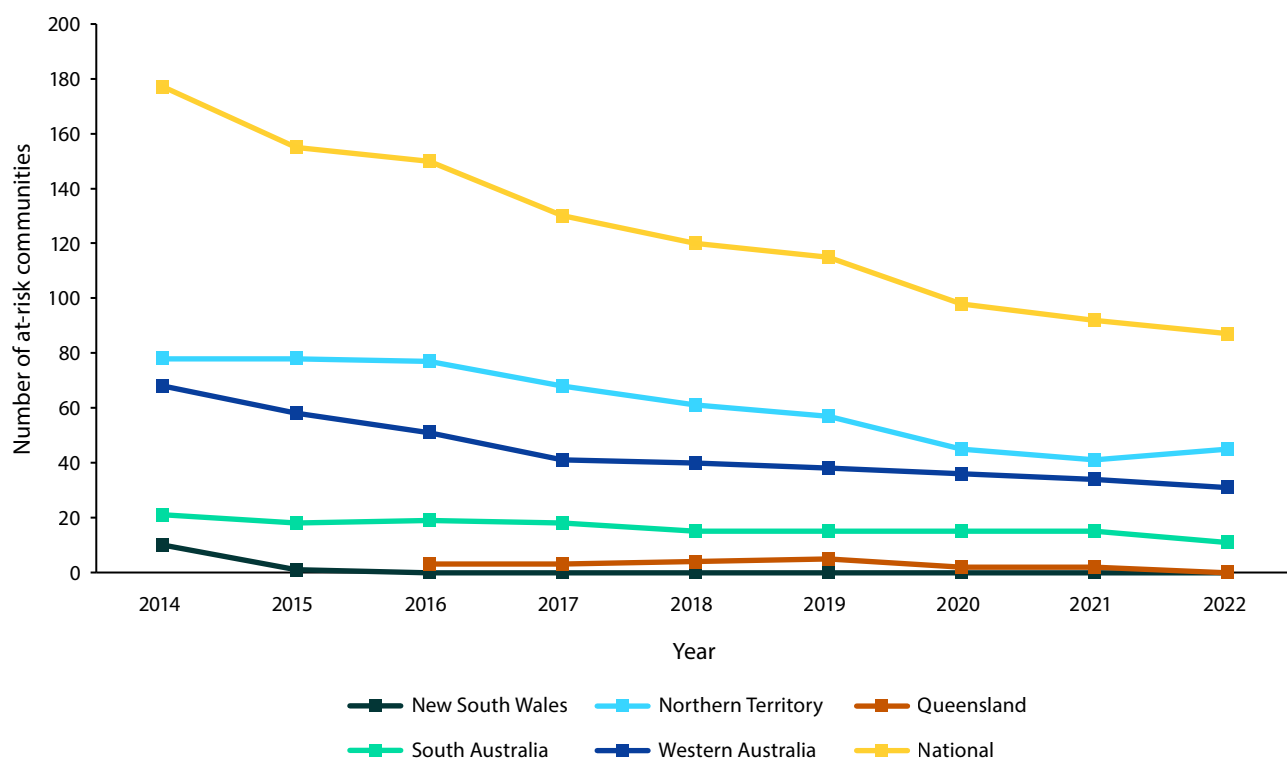


Table 1: Trachoma screening coverage and prevalence by jurisdiction,^a Australia, 2014 and 2022

| | NSW | | NT | | SA | | WA | | Total | |
|--|------|------|-------|-------|------|------|-------|------|-------|-------|
| | 2014 | 2022 | 2014 | 2022 | 2014 | 2022 | 2014 | 2022 | 2014 | 2022 |
| Communities screened for trachoma ^b (n) | 10 | – | 44 | 41 | 13 | 11 | 58 | 27 | 125 | 79 |
| Aboriginal and/or Torres Strait Islander children aged 5-9 years (n) | 396 | – | 1,937 | 1,007 | 783 | 250 | 1,724 | 386 | 4,840 | 1,643 |
| Children screened for trachoma (n) | 249 | – | 1,789 | 918 | 681 | 215 | 1,565 | 358 | 4,284 | 1,491 |
| <i>Trachoma screening coverage (%)</i> | 63 | – | 92 | 91 | 87 | 86 | 91 | 93 | 89 | 91 |
| Children with active trachoma (n) | 0 | – | 99 | 50 | 27 | 0 | 32 | 37 | 158 | 87 |
| <i>Observed trachoma prevalence (%)</i> | 0.0 | – | 5.5 | 5.4 | 4.0 | 0.0 | 2.0 | 10.3 | 3.7 | 5.8 |
| <i>Overall trachoma prevalence (%)</i> | 0.5 | 0.5 | 5.8 | 2.1 | 2.8 | 0.0 | 3.6 | 2.9 | 4.3 | 2.0 |

a NSW: New South Wales; NT: Northern Territory; SA: South Australia; WA: Western Australia

b Screening in Queensland was undertaken between 2016 and 2021.

In 2022, among at-risk communities screened, 39% (31/79) of the communities recorded observed active trachoma levels of 5% or more, with 13% (10/79) of communities recording hyper-endemic prevalence levels at or above 20% (Figure 2). The proportion of screened communities with hyper-endemic trachoma has tended to remain stable since 2014 at around 11–13%, apart from 2019 when 22% of screened communities recorded hyper-endemic trachoma. In contrast, the proportion of screened communities recording no trachoma has steadily increased over the past three years, largely reversing declines seen from 2014 to 2018.

Overall prevalence of trachoma in children aged 5-9 years, which includes prevalence in currently and formerly at risk communities, sat under 5% at the national level in 2014 (Figure 3). However, it was not until 2022 that the overall prevalence declined for the first time below 5% in each jurisdiction. Overall prevalence was 2.9% in Western Australia, 2.1% in the Northern Territory, 0.5% in New South Wales, and 0.0% in Queensland and South Australia in 2022. Between 2014 and 2022, the largest decreases in overall prevalence were seen in the Northern Territory with a 3.7 percentage point decline and in South Australia with a 2.8 percentage point decline. Overall prevalence has tended to remain very low in New South Wales and Queensland, which were declared non-endemic for trachoma in 2017 and 2022 respectively.

Figure 2: Proportion of at-risk communities according to the level of observed trachoma prevalence in Aboriginal and/or Torres Strait Islander children aged 5–9 years, Australia, 2014–2022

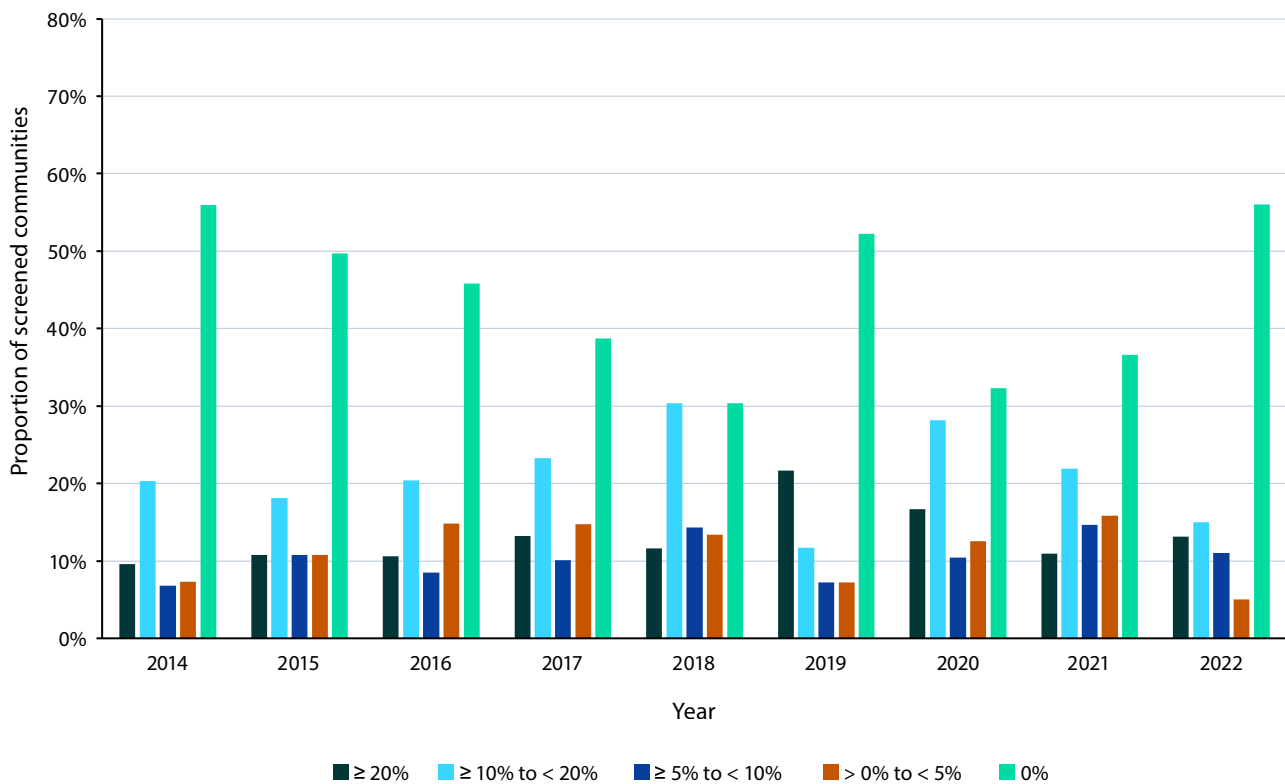


Figure 3: Overall trachoma prevalence in Aboriginal and/or Torres Strait Islander children aged 5–9 years by jurisdiction,^a Australia 2014–2022



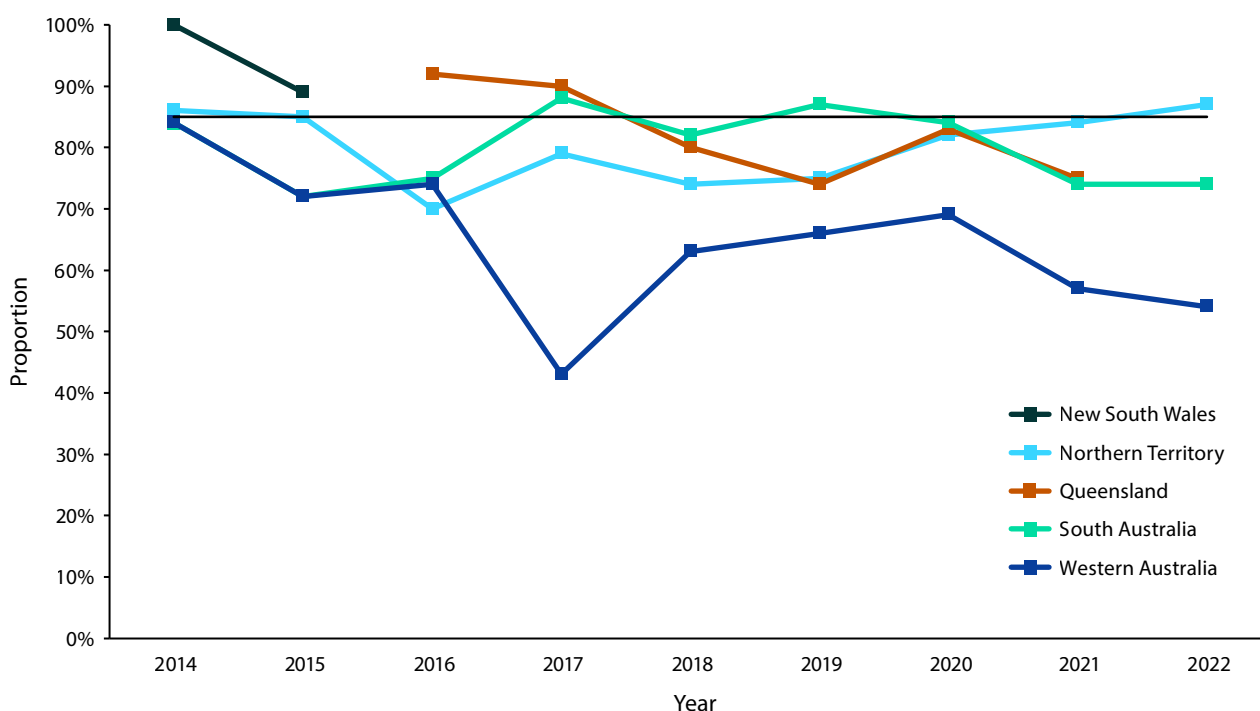
a The horizontal black line shows the 5% trachoma prevalence threshold required to be maintained in each formerly endemic jurisdiction for at least two successive years, as one of the criteria set by WHO for validation of elimination of trachoma as a public health problem.

Facial cleanliness

Since 2014, clean face prevalence has tended to fluctuate around or below the target of 85% of children screened across all states/territories. In Queensland and Western Australia, data indicates a decline in

clean face prevalence over time, although for Western Australia it should be noted that the reduction in number of at-risk communities will alter the number of children screened for clean faces (Figure 4).

Figure 4: Proportion of screened Aboriginal and/or Torres Strait Islander children aged 5–9 years who had a clean face by jurisdiction, Australia, 2014–2022^a



^a The horizontal black line shows the facial cleanliness threshold required of at least 85% of children in each affected community.

Table 2: Azithromycin treatment for trachoma by jurisdiction,^a Australia, 2014 and 2022

| | NT | | SA | | WA | | Total | |
|---|-------|------|------|------|-------|------|--------|------|
| | 2014 | 2022 | 2014 | 2022 | 2014 | 2022 | 2014 | 2022 |
| Communities receiving treatment (n) | 43 | 20 | 3 | – | 20 | 15 | 66 | 35 |
| Household-based treatment | 17 | 19 | 3 | – | 17 | 14 | 37 | 33 |
| Community-wide treatment | 26 | 1 | 0 | – | 3 | 1 | 29 | 2 |
| Children requiring treatment for active trachoma (n) | 146 | 50 | 29 | – | 53 | 40 | 228 | 90 |
| Children who received treatment for active trachoma (n) | 134 | 50 | 29 | – | 46 | 40 | 209 | 90 |
| Estimated community contacts requiring treatment ^b (n) | 8,654 | 508 | 175 | – | 1,780 | 275 | 10,609 | 783 |
| Community contacts who received treatment (n) | 7,671 | 474 | 171 | – | 1,752 | 264 | 9,594 | 738 |
| Estimated overall treatment coverage (%) | 89 | 94 | 98 | – | 98 | 97 | 90 | 95 |

^a NT: Northern Territory; SA: South Australia; WA: Western Australia.

^b As per CDNA guidelines.

Treatment distribution and coverage

Between 2014 and 2022, the number of communities requiring treatment for trachoma declined by almost half (47%) from 66 to 35 communities (Table 2). This was led by the large decline in communities requiring treatment in the Northern Territory; however, this jurisdiction still accounted for the majority (63%) of all azithromycin doses in 2022. This continues a pattern recorded in previous years, although the gap in dosage numbers has markedly narrowed since 2018, when dosage numbers in the Northern Territory were over six times higher than any other state or territory (Figure 5).

In total, screening programs identified 90 cases of active trachoma in children under 15 years in 2022, all of whom received treatment with azithromycin according to CDNA guidelines. Doses administered were 92% lower in 2022 than in 2014.

Trachoma-related trichiasis

Prevalence of trichiasis in all states/territories has generally remained low. Overall, 10,806 persons aged 15 years and over in at-risk and previously at-risk communities were screened in 2022, with eight new cases of trichiasis reported, a prevalence of 0.07% (Figure 6). Jurisdictional prevalence amongst populations screened in 2022 was 0% in the Northern Territory, 0.1% in South Australia and 0.2% in Western Australia. Surgery to correct trichiasis was undertaken for four persons nationally in 2022.

Figure 5: Number of doses of azithromycin administered for the treatment of trachoma by jurisdiction, Australia, 2014–2022

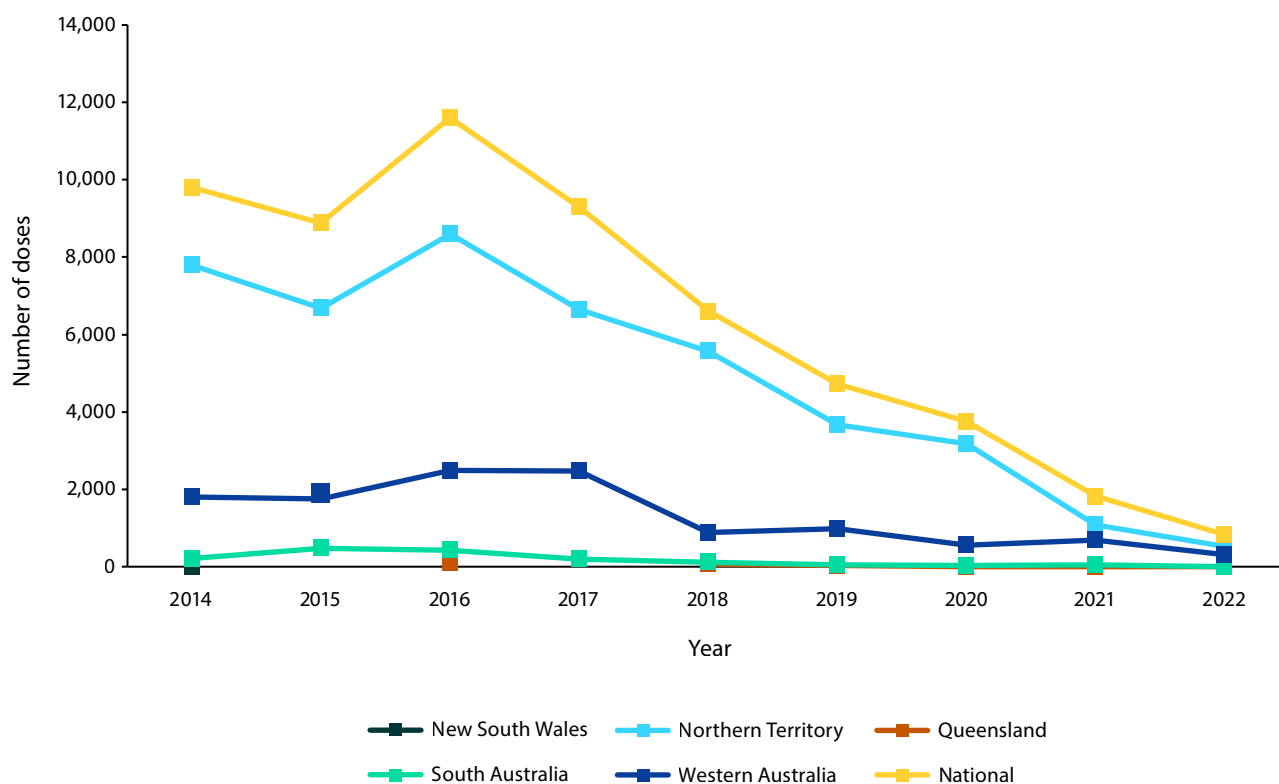
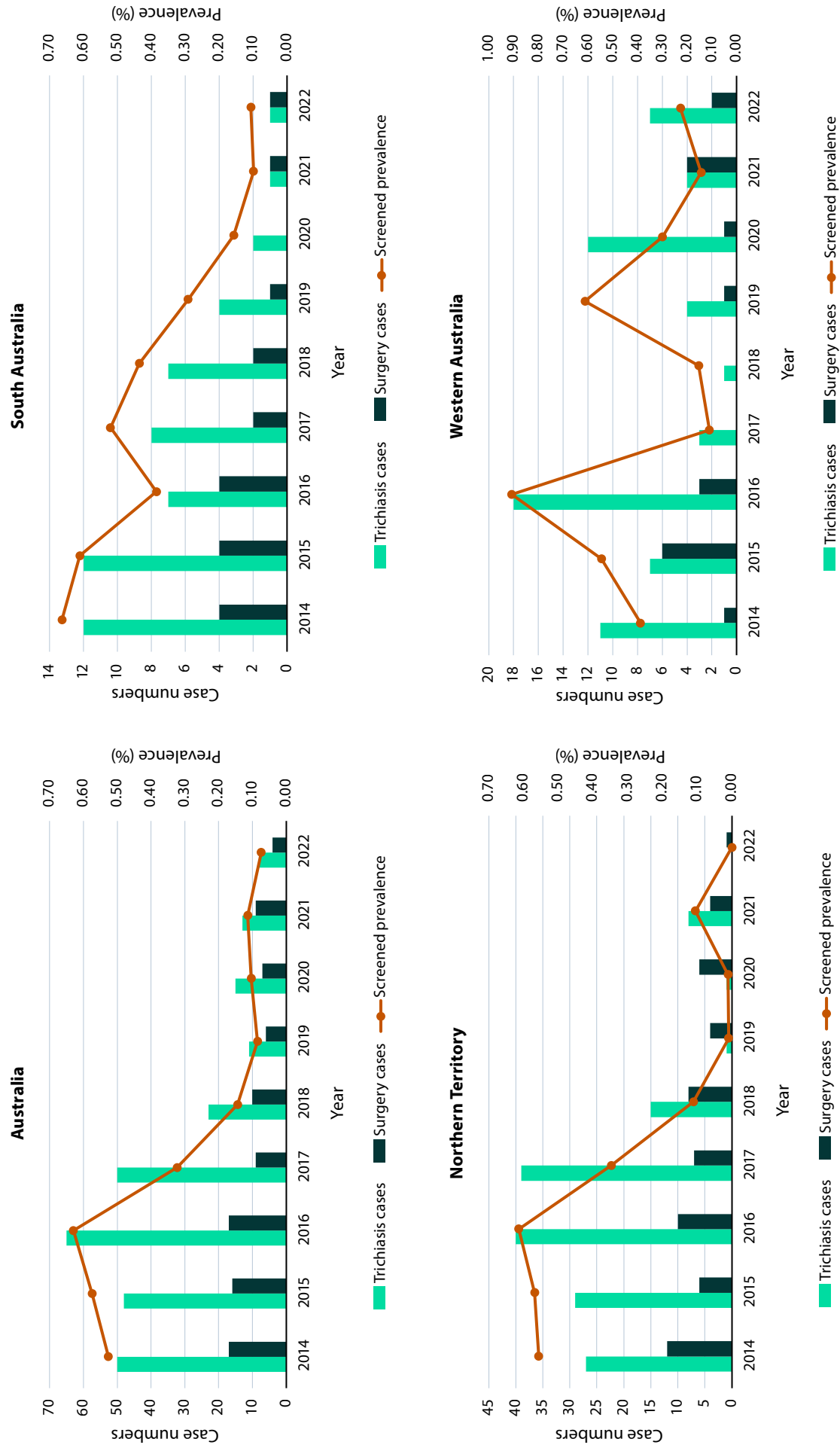


Figure 6: Prevalence of trichiasis in Aboriginal and/or Torres Strait Islander persons aged 15+ years screened and surgery cases^a by jurisdiction, Australia, 2014–2022



^a Surgery cases may include trichiasis cases identified in previous years.

Discussion

Between 2014 and 2022, overall trachoma prevalence declined across Australia. Overall prevalence fell below the 5% elimination threshold at the state/territory level for the first time in 2022. The large drop in number of azithromycin doses distributed between 2014 and 2022 may reflect the declining number of trachoma cases detected as well as the shift in treatment mode away from community-wide distribution to treatment of active cases and household contacts, which was the method chosen in the vast majority (94%) of communities requiring treatment in 2022.

The proportion of trichiasis ‘unknown to the health system’ in screened persons aged 15 years old or older in 2022 was also at elimination targets. Unlike trachoma, trichiasis cases are also detected in non-remote locations, likely due to population movement over time.^{12,25} It is important to note that trichiasis prevalence estimates calculated from jurisdictional screening activities alone are likely to be an overestimation, as this does not capture the full range of ophthalmological services (such as 715 health checks in other states or services within the private health system) provided for trichiasis screening among lower risk populations nation-wide.

Australia must maintain overall trachoma and trichiasis prevalence below elimination targets for two years before an application can be made to the WHO for validation of elimination as a public health problem. Evidence indicates that maintaining appropriate antibiotic treatment regimes, and enhancing community partnerships to shape the design and to increase acceptance of health programs, have been important to reducing trachoma in Australia to date.^{17,20} However, there remain a number of remote communities, particularly in the Northern Territory and Western Australia, with persistent endemic levels of active (observed) trachoma. Whilst treatment coverage was high in 2022, there are anecdotal reports that community-wide treatment is increasingly less acceptable. In this context, sustaining low trachoma prevalence is unlikely to succeed without fully addressing underlying environmental determinants—particularly housing conditions and home health hardware—that influence disease transmission/reinfection and the performance of hygiene activities. However, improving environmental conditions has often proved challenging, with little change in rates of acceptable housing in remote communities in the past decade.²⁶

Improving and maintaining adequate housing supply requires not only increased investment (including in higher quality health hardware),²⁷ but also community-based support to report and facilitate maintenance issues²⁸ and the inclusion of Aboriginal and Torres Strait Islander expertise in the design of housing infrastructure programs.²⁹ Opportunities for sharing cross-jurisdictional and sector learnings need to be fostered³⁰ to enhance the transfer of innovative solutions across settings and to promote the inclusion of health outcomes in housing projects.

The WHO validation dossier requires the submission of a suitable post elimination plan for continued surveillance, treatment, health promotion and environmental health improvement.¹⁴ Developing this plan requires addressing several challenges. The appropriateness of integrating trachoma surveillance into routine health services or school programs, as has been done elsewhere,³³ will need to be investigated for a remote Australian context. Utilisation of laboratory detection methods may be considered given the low specificity of clinical diagnostic indicators using the WHO simplified grading system in low-prevalence settings.^{34,35} There is currently no nationally unified system to track and monitor persons with trichiasis, and approaches to trichiasis surveillance that concentrate on current trachoma endemic areas will need to be broadened to ensure all at-risk persons can be identified and managed appropriately. Solutions to these issues will need to be developed in partnership with Aboriginal and Torres Strait Islander people and organisations to ensure relevance and accountability to communities.

Conclusion

As Australia moves closer to validation of elimination of trachoma as a public health problem, attention needs to turn to the restructuring of post-elimination surveillance for early identification of potential recrudescence, ongoing prevention and control of known environmental risk factors, and monitoring of cases requiring surgical interventions. Community and cross-sectoral collaboration will be essential to maintaining elimination status.

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